

Felhasznált irodalom:

[1] Int J Biomed Sci. 2008 Jun; 4(2): 89–96.

PMCID: PMC3614697 PMID: 23675073

Free Radicals, Antioxidants in Disease and Health

Lien Ai Pham-Huy,¹ Hua He,² and Chuong Pham-Huy³

[2] Evid Based Complement Alternat Med. 2013; 2013: 120732.

Published online 2013 Mar 7. doi: 10.1155/2013/120732

PMCID: PMC3606739 PMID: 23533459

Nigella sativa and Its Protective Role in Oxidative Stress and Hypertension

Xin-Fang Leong, ¹, ² Mohd Rais Mustafa, ³ and Kamsiah Jaarin ¹, *

[3] Nigella sativa (black seed) effects on plasma lipid concentrations in humans: A systematic review and meta-analysis of randomized placebo-controlled trials

Amirhossein Sahebkar ¹, Guglielmo Beccuti ², Luis E Simental-Mendía ³, Valerio Nobili ⁴, Simona Bo ⁵

PMID: 26875640 DOI: 10.1016/j.phrs.2016.02.008

[4] Effect of Nigella sativa supplementation over a one-year period on lipid levels, blood pressure and heart rate in type-2 diabetic patients receiving oral hypoglycemic agents: nonrandomized clinical trial

Ahmed Badar, Huda Kaatabi, Abdullah Bamosa ¹, Abdulmohsen Al-Elq, Bodour Abou-Hozaifa, Fatma Lebda, Akram Alkhadra, Sameeh Al-Almaie

PMID: 28151458 PMCID: PMC6148980 DOI: 10.5144/0256-4947.2017.56

[5] Thymoquinone induces apoptosis through activation of caspase-8 and mitochondrial events in p53-null myeloblastic leukemia HL-60 cells

Mohamed A El-Mahdy ¹, Qianzheng Zhu, Qi-En Wang, Gulzar Wani, Altaf A Wani

PMID: 15906362 DOI: 10.1002/ijc.21205

[6] Effect of Nigella sativa (*N. sativa* L.) and oxidative stress on the survival pattern of MCF-7 breast cancer cells

Ibrahim O Farah ¹, Rowshan A Begum PMID: 12724920

[7] Afr J Tradit Complement Altern Med. 2011; 8(5 Suppl): 226–232.

Published online 2011 Jul 3. doi: 10.4314/ajtcam.v8i5S.10

PMCID: PMC3252704 PMID: 22754079

Anticancer Activities of Nigella Sativa (Black Cumin)

Md Asaduzzaman Khan,¹ Han-chun Chen,corresponding author¹ Mousumi Tania,¹ and Dian-zheng Zhang^{1,2}

[8] Med J Islam Repub Iran. 2014; 28: 42.

Published online 2014 Jun 8.

PMCID: PMC4219874 PMID: 25405108

Anti-microbial effect of *Nigella sativa* seed extract against staphylococcal skin Infection

Shiva Rafati, 1 Mohammad Niakan, 2 and Mohsen Naseri 3

[9] Antimicrobial activity of *Nigella sativa* L. seed oil against multi-drug resistant *Staphylococcus aureus* isolated from diabetic wounds

Lorina Badger Emeka 1, Promise Madu Emeka 2, Tahir Mehmood Khan 3

PMID: 26639493

[10] Anti bacterial activity of *Nigella sativa* against clinical isolates of methicillin resistant *Staphylococcus aureus*

Abdul Hannan 1, Sidrah Saleem, Saadia Chaudhary, Muhammad Barkaat, Muhammad Usman Arshad

PMID: 19610522

[11] EMBO Rep. 2012 Nov; 13(11): 968–970.

Published online 2012 Oct 9. doi: 10.1038/embor.2012.142

PMCID: PMC3492709 PMID: 23044824

The inflammation theory of disease

The growing realization that chronic inflammation is crucial in many diseases opens new avenues for treatment

Philip Hunter¹

[12] *Avicenna J Phytomed.* 2016 Jan-Feb; 6(1): 34–43.

PMCID: PMC4884216 PMID: 27247920

Effects of *Nigella sativa* oil extract on inflammatory cytokine response and oxidative stress status in patients with rheumatoid arthritis: a randomized, double-blind, placebo-controlled clinical trial

Vahid Hadi,¹ Sorayya Kheirouri,^{1,*} Mohammad Alizadeh,¹ Alireza Khabbazi,² and Hossein Hosseini³

[13] *HPB (Oxford).* 2009 Aug; 11(5): 373–381.

doi: 10.1111/j.1477-2574.2009.00059.x

PMCID: PMC2742606 PMID: 19768141

Anti-inflammatory effects of the *Nigella sativa* seed extract, thymoquinone, in pancreatic cancer cells

Navdeep Chehl,^{1,2} Galina Chipitsyna,^{1,2} Qiaoke Gong,^{1,2} Charles J Yeo,^{1,2} and Hwyla A Arafat^{1,2}

[14] *Int J Health Sci (Qassim).* 2008 Jul; 2(2): 26–44.

PMCID: PMC3068742 PMID: 21475486

Study of Protective Effect of Date and *Nigella Sativa* on Aflatoxin B1 Toxicity

Abdalla Al-Ghasham,¹ Hesham Saad Ata,² Said El-Deep,² Abdel-Raheim Meki,³ and Salah Shehada⁴

[15] *Nigella sativa* relieves the deleterious effects of ischemia reperfusion injury on liver

Fahrettin Yildiz 1, Sacit Coban, Alpaslan Terzi, Mustafa Ates, Nurten Aksoy, Hale Cakir, Ali Riza Ocak, Muharrem Bitiren

PMID: 18777598 PMCID: PMC2744011 DOI: 10.3748/wjg.14.5204

[16] Iran J Basic Med Sci. 2014 Dec; 17(12): 958–966.

PMCID: PMC4387231 PMID: 25859299

The protective effect of *Nigella sativa* against liver injury: a review

Hamid Mollazadeh¹ and Hossein Hosseinzadeh^{2,*}

[17] *Nigella sativa* improves glucose homeostasis and serum lipids in type 2 diabetes: A systematic review and meta-analysis

Reza Daryabeygi-Khotbehsara 1, Mahdieh Golzarand 2, Mohammad Payam Ghaffari 3, Kurosh Djafarian 4

PMID: 29154069 DOI: 10.1016/j.ctim.2017.08.016

[18] Effect of *Nigella sativa* seeds on the glycemic control of patients with type 2 diabetes mellitus

Abdullah O Bamosa 1, Huda Kaatabi, Fatma M Lebdaa, Abdul-Muhssen Al Elq, Ali Al-Sultanb

PMID: 21675032

[19] Comparative gastroprotective effects of natural honey, *Nigella sativa* and cimetidine against acetylsalicylic acid induced gastric ulcer in albino rats

Mulazim Hussain Bukhari 1, Javed Khalil, Samina Qamar, Zahid Qamar, Muhammad Zahid, Navid Ansari, Irfan Manzoor Bakhshi

PMID: 21419021

[20] World J Gastroenterol. 2005 Nov 14; 11(42): 6662–6666.

Published online 2005 Nov 14. doi: 10.3748/wjg.v11.i42.6662

PMCID: PMC4355761 PMID: 16425361

Gastroprotective activity of *Nigella sativa* L oil and its constituent, thymoquinone against acute alcohol-induced gastric mucosal injury in rats

Mehmet Kanter, Halit Demir, Cengiz Karakaya, and Hanefi Ozbek